



Dr. Ajrawat's Air-Pulse Autonomic Meditation Therapy®

A Khalistani, Non-denominational,
Scientific Meditation Therapy, an
Advancement in the Field of Integrative
Medicine, Revolutionizing Spirituality and
Health based on Dr. P.S. Ajrawat's Concept of

***Bidirectional Psychosomatic
Autonomic Feedback***

A New Frontier and Paradigm

It Helps Restore Mind and Body's Lost Homeostasis
Yielding Optimal Results for Depression,
Anxiety, Panic Attacks, Stress, Post
Traumatic Stress, Pain, OCD, ADHD,
Irritable Bowel Syndrome,
Fibromyalgia and others.

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P.S. Ajrawat, M.D.