



Ajrawat

Washington Pain Management Center Est. 1985

(A CENTER COMMITTED TO EXCELLENCE IN STATE-OF-THE-ART AND CONSERVATIVE PAIN MANAGEMENT)



TREATMENT OUTCOME

From Disabled To Abled, From Wheels To Heels

The Story of a Chronic Pain Sufferer

When I first came to Dr. Ajrawat I was in some serious pain. I suffered from burning feet and was diagnosed with diabetic neuropathy. I couldn't walk because it was just so painful. Pitiful couldn't even describe how I looked when I first visited Dr. Ajrawat. My little brother had to wheel me in the office in a wheelchair. I looked a mess because I hadn't had my hair done in three months and my clothes didn't fit because I had lost a lot of weight. I hadn't slept in almost three months. Can you imagine not sleeping for that long? It was not a pretty sight at all!

The pain I was in was mostly my fault because I was not taking care of my diabetes. Taking care of everything else except my health, my body shut down. Imagine the pain from a Charlie Horse magnified 20 times. Not a good feeling at all.

Coming to Dr. Ajrawat was the best thing that could have happened to me because with his faith



in God and my faith there was enough encouragement to see me through the hard time I was going through. I never thought that I would get back to normal cause I didn't see light at the end of the tunnel. My days got longer and longer and the pain got worse and worse.

But if it wasn't for the treatment that Dr. Ajrawat offered me and if it wasn't for his dedication to helping me then I wouldn't have progressed this far in my recovery. With nerve blocks, trigger point injections, medication, meditation 3-4 times a day for 20 minutes, exercise and eating

properly, I've cut my insulin intake down by half. Dr. Ajrawat has been a total blessing... It takes a special kind of person to deal with pain, and I guess Dr. Ajrawat is the right man for the job.

Thank you Dr. Ajrawat for everything!

-Aaron Clark



*Dr. Ajrawat's Air-Pulse
Autonomic Meditation Therapy®*